



ICE-O 2014



Rathlaupafélagið Hekla welcomes you to ICE-O 2014, June 27 – 29, 2013 in Reykjavík. Join us for three days of orienteering in the wonderful nature of Iceland.

PROGRAM (Preliminary)

Friday, June 27.

15:00 - 20:00 Event office open, distribution of information packs.

17:20 Introduction and a short welcome speech.

18:00 First start SPRINT Hafnarfjörður.

Saturday, June 28.

09:00 – 16:00 Event office open at arena, Vífilsstaðahlíð.

11:00 First start long distance.

19:00 Social dinner (Jötunnheimar).

Sunday, June 29

09:00 – 15:00 Event office open at arena, Öskjuhlíð.

10:00 First start middle distance.

13:00 (approx.) Awards ceremony and closing.

Start list: Start lists will be available on the website one week before the event and at the event centre on the competition day.

Maps:

Hafnarfjörður Miðbær– 1:4.000, 2013 (sprint norm)

Vífilsstaðahlíð – 1:10.000, 2012

Öskjuhlíð – 1:4.000, 2013

Terrain:

Hafnafjörður Miðbær: Competition area is located in the center of Hafnafjörður, where the streets are crooked and has lava terrain between (where the elves live :).

Vífilsstaðahlíð: The area is located by the foot of a lava field. Fairly open terrain with dense forest areas in between. Hilly slope along the map.

Öskjuhlíð: The third competition day is located around a small hill mostly covered by forest. Part of the area is with dense forest while other parts are more open. Small cliffs and rocks are common features.

Classes:

Friday 27/6 Sprint:

Course name	Classes	Length	Difficulty
1	M21, Open 5	3,2-3,5 km	
2	W21, M17, Open 4	3,0-3,2 km	
3	W17, W50, M50, Open 3	2,5-2,9 km	
4	W14, W12, M14, M12, Open 2	2,5-2,8 km	
5	W10, M10, Open 1	2,0-2,5 km	

Saturday 28/6 Long:

Course name	Classes	Length	Difficulty
1	M21, Open 5	7,0-8,0 km	Black
2	W21,M17, Open 4	5,5-6,0 km	
3	W17,W50,M50, Open 3	3,5-4,5 km	Red
4	W14, M14. Open 2	3,5-4,5 km	Yellow
5	W12, ,M12, W10,M10, Open 1	2,5-3,0 km	White

Sunday 29/6 Middle:

Course name	Classes	Length	Difficulty
1	M21, Open 5	4,5-5,0 km	Black
2	W21,M17, Open 4	3,9-4,5 km	
3	W17,W50 ,M50, Open 3	3,2-3,9 km	Red
4	W14, M14. Open 2	2,5-3,2 km	Yellow
5	W12, M12, W10,M10, Open 1	2,0-2,5 km	White

Difficulty grades:

Difficult long

Difficult short

Intermediate

Easy

Open courses:

Open courses will be available.

Prizes:

The winner (over all three days) in each adult class (from 17+) will be awarded a prize at the event centre on the final day. For children classes will be prize for each day only in M14,W14, M12, W12. All children in M10 and W10 will get a medal.

Timing and controlling:

SPORTident equipment will be used.

SPORTident rental:

We do have a limited number of SPORTident sticks at our disposal (about 30 sticks) which can be rented.

It is preferred though that competitors bring their own SI-sticks or borrow from their own clubs.

Rent for SPORTident stick: €6,00 for the whole event

For lost SI-stick €60 will be charged.

Training maps

You can buy training maps from our club, € 7 for three maps of area in and around Reykjavík.

Accommodation:

Basic accommodation will be available at a local scout club house named Jötunheimar. There is room for **25-35 people** in five different rooms (5-7 in each room). There are mattresses in the rooms but no linen. A kitchen, toilets and free internet is available. Shower facilities are limited to one shower, but there is a swimming pool with hot tubs in walking distance.

Price per night is €12 for adult or children

ICE-O dinner:

The dinner will be at the scout club (same location as the accommodation) at 19.00 Saturday evening.

Price is 28€ for adults and 16€ for children (6-16 years old). It is free for children und six yer old.

Transportation:

There will be arranged transportation to and from the event on Saturday and only to the event on Sunday. Total cost for the bus is 20 €. Further info will sent by email to all registered participants.

Locations:



Distances:

Friday

Downtown Reykjavik to parking: 7 km

From parking to event centre: 0-200 m

Saturday

Downtown Reykjavik to parking: 10 km

From parking to event centre: 0-200 m

Sunday

Downtown Reykjavik to parking: 2 km

From parking to event centre: 0-200 m

Children:

A children's course will be available, both on Saturday and Sunday.

No caretaking or babysitting of children is provided

Fees:

June 27th — Sprint:

Adult (17+): € 20

Children (<16): € 10

June 28th — Long distance:

Adult: €20

Children: €10

June 29th — Middel distance:

Adult: €20

Children: €10

All three days:

Adult: € 50

Child: € 25

Late registration is after June 1th

Late entry fee:

Normal fee + € 5,00 per day

Accommodation:

€ 12 per night

Transport to events Sat and Sun:

€ 20 for both days

Rent of SPORTident stick:

€6,00 for the whole event

Payment:

Registration and payment (with any major credit card) can be carried out online. Please fill out both the the [registration form](#) and the [payment form](#).

Event management:

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